

Do your own imaging...(Or get Sari Grove or another member of the DIY Cancer Repair Manual Facebook group to do it for you)...

<http://grovecanada.ca/diy-diagnostic-imaging/>

What do your results mean?

<http://grovecanada.ca/what-do-your-diy-diagnostic-imaging-results-mean/>

Start a raw plant based diet...

http://grovecanada.ca/wp-content/uploads/2016/12/Helen_hecker_My-Raw-Food-Diet-Curefreebook.pdf

The Order of where to start...

<http://grovecanada.ca/the-order-of-which-body-brain-part-to-clean-out-first-start-at-bottom-minus-elements-clean-png/>

Do a daily "Walkabout"...(I walk 10 kilometres...6 miles!)

The order of attack:

These are elements from the Periodic Table of elements...Each one represents many things in the real world...Choose which real world thing you like, to represent each category...

- 1) Boron
- 2) Fluorine
- 3) Magnesium
- 4) Copper
- 5) Iodine
- 6) Oxygen
- 7) Selenium
- 8) Carbon
- 9) Potassium
- 10) Titanium
- 11) Manganese
- 12) Zinc

There are "recipe" blends made by people, that cover several bases very well...

Or you can choose to do single element things...

Here are some recipe things I have used that are good...

1) Boron: Heavy Metals Defense Powder from the Health Ranger store

2) Fluorine: Pranin B Smoothie powders with Moringa Oleifera

3) Magnesium: Epsom Salts

4) Copper: St. Francis Licorice root tincture

5) Iodine: Iodoral pills 12.5 mg

6) Oxygen: Humaworm capsules

7) Selenium: Wobenzym Pancreatic Enzymes

8) Carbon: Triple Leaf tea Company Super Liming Tea

9) Potassium: Bloodroot capsules with Graviola

10)Titanium:Joyetech Vape Pen with legal 3% THC CBD oil...

11)Manganese:Bloodroot salve (Black salve) Zenith herbals

12)Zinc:Bragg's Apple Cider Vinegar; drink it, put & leave it in your hair, soak your feet in it, wash with it...

There are some drugs available from online pharmacies that are recipe formulations too...

Look for "you don't need a prescription" pharmacy online-they may ship from India or Russia & it can take 3 weeks, but you don't need a doctor for a prescription!

I will also include other product options for elements here...

1) Boron: Chelazone BORON trophic
Glycinate 90 Tablets 3 mg.

2) Fluorine: Listerine mouthwash with
Fluoride, Thymol, Eucalyptol...

3) Magnesium: Glutathione acts like
magnesium in the body...

4) Copper: Fused Instant Coffee by Rain
International

5) Iodine: Madagascar Periwinkle herb raw
(Herbies herbs)

6) Oxygen: Ginseng

7) Selenium: Antibiotics

8) Carbon: Dvine eJuice with 3 mg Nicotine
& Vegetable Glycerin

9)Potassium:Artificial Sweeteners

10)Titanium:Advil Cold & Sinus Nighttime

11)Manganese:Mugwort raw herb (Herbies herbs)

12)Zinc:Pyrantel Pamoate(Combantrin or Reese's pinworm medication),
Mebendazole (Vermox), Albenza
(Albendazole)...

The Order of Body Parts to clean first, to last...

1)Skene's gland in women or Prostate gland in men...

2)Colon

3)Gallbladder

4)Spleen

5)Adrenal Gland

6)Liver

7)Pancreas

8)Kidneys

9)Heart

10)Lungs & Lymph Nodes(this is where the breast is)

11)Thymus

12)Thyroid

For the brain parts:

Start with...

1)Cerebral Aqueduct (top of neck in the middle at base of where head sticks to neck)

2)Temporal Lobe (behind ears)

3)Wernicke's Area (deeper & towards back of head inside)

4)Hypothalamus(right in the middle almost)

5)Pituitary Gland (put hands on both sides of head above ears)

6)Cerebellum(lower, towards brain stem at back, but big)

7)Occipital Lobe (back of head, low)

8)Pons(back of head, along line in middle of back of head, towards spine)

9)Medulla Oblongata(descending down where head meets spine)

10)Parietal Lobe(Top of head in middle)

11)Motor Cortex(top of head towards front)

12)Frontal Lobe(front & top of head at front, right & left sides)

Note :

1) You CAN black salve brain tumours...

2) First buy a hair clipper & buzz cut your hair all the way around...

3) Shortest setting...

4) Bleach your hair so that it is clean...

5) Prepare skull surface by Apple Cider Vinegar (Bragg's) on scalp for several days...

6) Get a spray oil that is used for cooking...

7) Spray oil onto hair & massage in, & leave as you sit under infrared lightbulb (RubyLux Nir-infrared bulbs are about \$20-25 each)...

8) apply dime sized portion of Black salve above where tumour is...The bloodroot salve will draw up the tumour to the surface & form a scab...

9)Keep scab moist with Spray oil...Use Polysporin products as antibiotic...

10)Gauze pads & tape are optional(but necessary if going out)...

11)Mersyndol pain killer is handy,

12)as is a vape Pen with Nicotine 3 mg
Dvine eJuice & CBD oil 3% THC eJuice
Vape oil to Vape at night...

Recommendations:

1) Couples Counselling Dr. Lee Baucom online is very good...

2) Psychiatrist: Someone to talk to while you are doing stuff... Dr. Wendy Moore, St. Joseph's health centre

3) Psychotherapist: Relationship counselling in person with the people in your life who you have been conflicted with... Dr. Ira Cohen, St Joseph's Health centre

4) Moxibustion expert: This is a Japanese technique involving acupuncture & burning Moxa... Dr. Kokubo in Toronto at Bloor & Avenue road...

5) Gynaecological Institute of Chinese Medicine, for women's problems... Also

does Moxibustion...At Eglinton & Allen road...

6) Naturopath: Dempster Clinic: Most Naturopaths will give a FREE 15 minute consultation...Prepare ONE really good question you want answered...Hook up with their Blog...for free...Paying a naturopath can run you up 60K in 6 months...BEWARE...But for parenteral infusion(Intravenous IV) of Vitamin C for instance, you need one...Do oral liposomal Vitamin C first if you can get away with it (megamegadose)...

7) Tests: Nora Pope is a Naturopath who knows which tests you can get your doctor to do for you...If you fill out the 10 page history questionnaire online, you can then hand that to any new doctor down the line...Or just find a traditional naturopathy history intake form online & fill that out so

you have that handy...(They will always ask what drugs or herbs you are taking, so be prepared)...

8)Dr. Suzie Choo at Bloor far west of Bathurst, south side...Blood cupping, Herbs, Moxibustion, Acupuncture, Shiatsu, Korean style medicine hands on...Walk-ins welcome...

9)Look for Tropical disease or Infectious disease specialists on Yelp in your area...Book an appointment...or go to your GP General practitioner & ask for a prescription for Vermox or Albenza, or to discuss Pyrantel Pamoate...

10)A walk-in medical clinic is handy for: getting your ears cleaned out(they squeegee stuff in for you & wash them out)...Light Mineral oil works at home too...

11) Fightingtogether.org has many many products that are good: Including ENEMA kit, B17 pills, BLESSED HERBS Colon Cleanse kit with day by day planner...

12) Sing: God is good song... "Mumbu Yu Mwema, Mumbu Yu mwema, Mumbu Yu mwema, Yu mwema , Kwangu"... (Oh God is good song in Swahili phonetic)...

1)by Sari Grove with Joseph Grove early on a Wednesday morn...Feb.8, 2017...

2)<http://www.GroveCanada.ca>

3)This document was written for a young lady in the Phillipines...

4)There is a chat room on Facebook Messenger called 'Lucky 7 Socks' where DIY cancer repair manual facebook group members can chat privately...

5)grove@sent.com email Sari or Joseph Grove personally (use judiciously please, we can have a thousand emails each week)...

6)416-271-3327 to Text message Sari Grove (only for emergencies please)

7)416-924-9725 Our home phone with

voicemail (We do not usually answer our phone, but you can leave a voicemail if you absolutely need to talk...We will call back when possible...Not always...)

8)306-15 McMurrich st., Toronto, Ontario, M5R 3M6 ...If you live nearby, possibly we can meet to chat...Hazelton Lanes nearby has free seating areas where it is nice to sit & chat...There is also food & drink, bathrooms, & other amenities like parking...

9)We are both United Church family...By marriage Dec. 11, 1996...Which makes almost 21 years now...Please be considerate of our faith & our marriage...Gender issues may need to be handled by the appropriate Gender...Which means that Sari may consult with Joseph about men, & Joseph may consult with Sari about women...

10)We don't use your edited pictures unless you explicitly give us permission to use them...Please do...The information is valuable to others...We are research oriented...

11)Sari's true goal is brain research...Please visit <http://www.brainproject.ca> to see some of her work...(These are works of art made by people that she has helped)...

12)DIY Medicine is about taking back the power to yourself...

1)It is not about being stupid or rejecting conventional medicine...

2)It is about using MORE Parameters...

3)Than JUST conventional...

4)Know that the stronger the medicine, the more likely it is to do harm as well as good...

5)Be able to say "STOP" when you don't want to do it anymore...Most conventional medicine mistakes are DOSAGE mistakes...

6)Titration...

7)A male doctor will overprescribe for a woman,

8)& a female doctor will underprescribe for

a man...

9)An adult will overprescribe for a child...

10)Which is why men may scoff at women doctors, & women may find male doctors overbearing...

11)Good relationships are key...Mend & build bridges...Pay bills...Give gifts...Help others...

12)Be sound & wise about money...30K to go to Hope4Cancer for 3 weeks in Mexico is a lot of money for some...If you have an existing neurological condition or pneumothorax for example, an alternative cancer institute may not be equipped to deal with complications arising for conditions they don't treat...

Companies that are cool...

- 1) OrangeNaturals
- 2) VegaOne
- 3) St. Francis
- 4) Blessed Herbs
- 5) Humaworm
- 6) Zenith Herbals
- 7) NOW essential oils
- 8) Natural Factors
- 9) NaturalCare in Oregon
- 10) Dr. Reckeweg Homeopathics
- 11) Unda from Sweden
- 12) Triple Leaf tea Company

Tools:

1)Enema Kit Fightingtogether.org

2)Red Vape Pen by Joyetech with ejuice nicotine & cbd oil...

3)RubyLux infrared lightbulbs

4)Vitamin C Dechlorination tablets for bathtub water, shower filter, under sink kitchen faucet with water filter by Nimbus

5)Black salve Zenith herbals, Amazon Cansema, Best on Earth, Frankinthyme, Two Feathers Black salve(Robert Roy healing over the phone when you order- Two Feathers black salve internally works for cervical & other hard to reach spider type cancers re:Dr. Christopher vaginal boluses)...

6) Computer-I use iMac Snow Leopard 10.6.3 operating disc for desktop with iLife'11 disc for the iPhoto edit program...This iPhoto program can be used for diagnostic imaging...I did...

7) <http://www.Fotoflexer.com> sees 5 biochemistry elements

8) <http://www.Lunapic.com> (sees a cancer marker, a Parkinson's disease marker, & a Lyme disease marker)

9) <http://www.Pixlr.com/editor> (sees areas of inflammation on the whole body...Can be used for whole body pictures front back...)Hydrogen Her2 marker...Helps to see size changes over time...

10) iPhone 6S is what I use to edit images on the fly...Puffin browser free is needed...Screenshots may have to be

taken, since saving images to the Photos library can be tricky...(hold on off button down while pushing round Home button quickly, then release both...A shutter sound indicates a screenshot is taken & photo is put in library of phone)...

11)Lacie Rugged external hard drives (orange ones) is what I use to store files...I figure they might last longer than the cheap ones...

12)Uber & UberEats...Let Uber drive you to appointments...Order from UberEats when you are too tired to prepare food...

Tips:

1) Mix your Fused by Rain instant coffee with a little Grapeseed oil & fake sugar for a dairy free healthy experience...

2) replace clothing, bedding, mattresses, washing machines, couches, cat beds, dog blankets etcetera...Cancer is a PARASITE...

3) Cancer is a parasite...Find out which one...While doing antiparasitic blends, beach stool on inside edge of toilet & with plastic fork sort through to find worm...Take a very good picture of it...Use Google reverse image search to find out what it is...Help the image search by typing in words like "stool sample parasite" to find similar images...Ask a parasitologist what it is if you can't figure it out yourself...Marnie Newton(a member) of

the DIY Cancer Repair Manual group online can help...

4) Tara Mann is also a member of the DIY Cancer Repair manual group...An incredible fabulous resource...Which is why I support the products from <http://Fightingtogether.org>

5) organic cornstarch 1 tablespoon, organic vegetable glycerin 2-3 tablespoons, baking soda 1 tablespoon-makes a basic salve...to that add Essential oils like Lemon, Eucalyptus & Peppermint to make a Lymph detox deodorant...or mix in 4 doublestrength Bloodroot capsules to make your own black salve(get Zinc Chloride if you want the burn!)...

6) Coffee is good as are all plant caffeinees like Yerba mate...Tea is good too...Make the hot drink strong & go easy on the

water...Watery hot drinks are not helpful...Water is just the delivery tool...Use 1/3 cup of raw herbs, enough water to cover, then simmer 15 minutes to make your own DIY Chemo...(Madagascar Periwinkle, Mugwort, Licorice root was my DIY Chemo brew)...

7)Make a topical paste of things you bought but don't feel like swallowing or eating cause they don't taste so great...ground apricot kernels make a nice oatmeal type bath hair face mask...Iodoral pill in Diet Pepsi makes an alcohol tasting drink...

8)Raw garlic is an antibiotic...Swallow cloves after chewing very quickly & swig with some diet drink...The diet products section of your drugstore should become very interesting to you...Those green coffee bean products & all the weightloss

product stuff, is actually pretty anticancer too...Chromium picolinate...Russel Stover chocolates are sugar free & taste like chocolate...

9)Sugar no, meat no, gluten no, dairy no...That means NO...

10)Cheat once a week, or once a day, on your diet...Rules are made to be broken...Laws are just a suggestion...

11)Walking far outdoors...Walkabout...Get a hat(I have a magenta pussyhat with earflaps), gloves, boots(I have NAOT boots with retractable cleats), shoes(Gore-Tex black runners Brooks), for walking...Outside...All year round...A Helly Hansen winter coat can be both waterproof & warm at the same time...A waterproof hood is what you do when it rains...Instead of staying in & making

excuses!

12)Major Holidays are difficult...Eating problems mostly...Tell hosts beforehand what your eating restrictions are...It is very difficult to eat vegetables or salad when meat is present...Unless that salad is tremendous...Make your salad eating HUGE...Use a family sized bowl...